

A BLACK SCREEN WITH CREDITS MOVING ON BOTTOM.
(Quiet muffled applause)
(Noise of computer
screen/mouse)

5-STEPS MAN
"About 6% of the American
population believes themselves to
be depressed, but why is happiness
so hard to attain? Trick question,
It's not! I can help you with my
5-steps plan.
(Quiet muffled applause)

WIDE ANGLE SHOT OF GIRL SITTING AT A COMPUTER DESK, THE ROOM
IS DARK AND DIMLY LIT, ONLY BY THE COMPUTER SCREEN AND A
HINT OF FLUORESCENT LIGHT. THE ROOM AROUND HER IS MESSY AND
NOT MANICURED.

5-STEPS MAN
"The first step. Appreciate the
now. How can you achieve happiness
if you're stuck on the past or
stressing about the future?"

OVER THE SHOULDER SHOT OF THE GIRL LOOKING AT THE COMPUTER
SCREEN.

5-STEPS MAN
"The second step. Make some
friends. If you're lonely, how can
you be happy?"

CLOSE-UP OF THE GIRL'S FACE, WE CAN SEE THE COMPUTER SCREEN
IN HER GLASSES

5-STEPS MAN
"The third step. Take a deep
breath. Whenever I feel down I
simply breathe and relax my body."

FRAME OF THE COMPUTER SCREEN SHOWING VIDEO

5-STEPS MAN
"The fourth step. Stop overthinking
and overanalyzing. All that
thinking, and brain activity can't
possibly be good for you."

MID SHOT FRAMING THE GIRLS FACE AND SHOULDERS

(CONTINUED)

5-STEPS MAN

"The fifth and final step.
Understand what makes you happy.
Try to remember something from your
past that made you smile."

(Muffled applause)

"Now go out there and recreate that
happiness! Reach for the sky and
you will touch the stars! Thank
you, thank you!"

(Wild cheering from laptop)