

BEDROOM

A BLACK SCREEN WITH CREDITS MOVING ON BOTTOM.
(Quiet muffled applause)
(Noise of computer
screen/mouse)

5-STEPS MAN
"About 6% of the American
population believes themselves to
be depressed, but why is happiness
so hard to attain? Trick question,
It's not! I can help you with my
5-steps plan.
(Quiet muffled applause)

WIDE ANGLE SHOT OF GIRL SITTING AT A COMPUTER DESK, THE ROOM
IS DARK AND DIMLY LIT, ONLY BY THE COMPUTER SCREEN AND A
HINT OF FLUORESCENT LIGHT. THE ROOM AROUND HER IS MESSY AND
NOT MANICURED.

5-STEPS MAN
"The first step. Appreciate the
now. How can you achieve happiness
if you're stuck on the past or
stressing about the future?"

OVER THE SHOULDER SHOT OF THE GIRL LOOKING AT THE COMPUTER
SCREEN.

5-STEPS MAN
"The second step. Make some
friends. If you're lonely, how can
you be happy?"

CLOSE-UP OF THE GIRL'S FACE, WE CAN SEE THE COMPUTER SCREEN
IN HER GLASSES

5-STEPS MAN
"The third step. Take a deep
breath. Whenever I feel down I
simply breathe and relax my body."

FRAME OF THE COMPUTER SCREEN SHOWING VIDEO

5-STEPS MAN
"The fourth step. Stop overthinking
and overanalyzing. All that
thinking, and brain activity can't
possibly be good for you."

MID SHOT FRAMING THE GIRLS FACE AND SHOULDERS

(CONTINUED)

5-STEPS MAN

"The fifth and final step.
Understand what makes you happy.
Try to remember something from your
past that made you smile."

(Muffled applause)

"Now go out there and recreate that
happiness! Reach for the sky and
you will touch the stars! Thank
you, thank you!"

(Wild cheering from laptop)

SAME MID SHOT, MAIN GIRL IS REACHING OVER PAST THE CAMERA TO GRAB AN OBJECT ON THE WALL. SHE PULLS A PHOTO INTO THE CAMERAS VIEW.

OVER THE SHOULDER SHOT, WE SEE SHE IS HOLDING A PHOTO OF A LITTLE GIRL HOLDING A BALLOON WITH HER PARENTS.

BATHROOM/CLOSET

MID SHOT OF MAIN GIRLS FACE WITHOUT GLASS. SHE IS STARING INTO MIRROR/CAMERA AND IS WIPING TEARS FROM HER FACE.

OVER THE SHOULDER CLOSE UP OF THE MIRROR. GIRL IS PUTTING MASCARA ON.

MID SHOT OF THE SIDE ANGEL OF THE GIRLS FACE LOOKING IN THE MIRROR. WE SEE HER PUTTING BLUSH ON.

CLOSE-UP OF THE BACK OF THE GIRLS HEAD. SHE IS TYING A (RED/BLUE/YELLOW) BOW IN HER HAIR.

CLOSE-UP OF GIRLS LIPS. SHE APPLIES BRIGHT RED LIPSTICK.
(JUMP TO CLOSET)

MID SHOT OF GIRL IN FRONT OF CLOSET. WE ARE LOOKING AT THE BACK OF HER UPPER BODY- FROM THE TORSO UP- SHE THEN PUSHES TWO SIDES OF CLOTHES AWAY TO REVEAL ONE DRESS.
(JUMP TO BEDROOM)

WIDE ANGLE SHOT OF DARK ROOM AND GIRL SITTING IN ONE CORNER ON THE WOOD FLOOR.

BALLOON/DOORWAY

CLOSE-UP OF GIRLS MOUTH, SHE LIFTS A RED BALLOON UP AND BLOWS IT.

CLOSE-UP OF BALLOON (RED SCREEN), MAIN GIRLS HAND LIFTS UP A SHARPIE AND DRAWS A SMILEY FACE ON THE BALLOON.

WIDE ANGLE SHOT OF GIRL STANDING WITH BALLOON, IT THEN DROPS TO HER KNEE (NO HELIUM).

(CONTINUED)

MAIN GIRL

(Face looks sad and disappointed as she stares down at the balloon that just dropped)

WIDE ANGLE SHOT OF GIRL STRUGGLING TO GET HAND FULL OF BALLOONS THROUGH THE DOOR. HELIUM TANK IN BOTTOM CORNER BUT NOT IN FOCUS.

PARK

TRACKING SHOT. LOW TO THE GROUND AT FOOT LEVEL FOLLOWING GIRLS FEET WALKING THROUGH THE PARK.

SHOT MOVES UP TO HER HAND HOLDING A HANDFUL OF RIBBONS.

SHOT FOLLOWS THE RIBBONS UPWARD TO THE BALLOONS (DIFFERENT COLORS)

MID SHOT MOVING WITH MAIN GIRL WALKING. SHOT SHOWS HER SHOULDERS UP AND FACE.

(The girl has a smile on although the smile looks fake and forced)

WIDE ANGLE SHOT OF THE BACK OF THE GIRL HOLDING OUT HER HAND WITH A SINGLE BALLOON. THE REST OF THE BALLOONS ARE BEING HELD IN HER OTHER HAND. SKATEBOARDER RIDES ON THE SIDE NEAREST THE SINGLE BALLOON MOVING INTO FOCUS. HE SKIDS AND STOPS RIGHT WHEN HE REACHES THE MAIN GIRL. MAIN GIRL HANDS THE SKATEBOARDER A BALLOON.

CLOSE-UP OF MAIN GIRL WHO IS NOT SMILING, WAITING FOR REACTION FROM SKATEBOARDER IN HAND OFF. MAIN GIRL CRACKS AN AWKWARD UNNATURAL SMILE.

MID SHOT OF SKATEBOARDER WHO LOOKS AT HER, TAKES THE BALLOON, AND SMILES.

SKATEBOARDER

"Thanks!"

MID SHOT FROM BEHIND SKATEBOARDER. SKATEBOARDER RIDES OFF OUT OF THE SHOT AND WE SEE THE MAIN GIRL CONTINUE WATCHING HIM RIDE AWAY. SHE DROPS THE AWKWARD SMILE AND CONTINUES WALKING IN OTHER DIRECTION OUT OF THE SHOT.

MID SHOT OF DAWN'S BACK WALKING ON THE PATHWAY TOWARDS A MOM IN A STROLLER.

WIDE ANGLE OF CHILD REACHING UP TO GRAB THE BALLOON, TURNS BACK TO GET MOM'S ATTENTION.

MID SHOT OF DAWN REACHING OUT TO GIVE CHILD THE BALLOON.

(CONTINUED)

CLOSE-UP OF CHILD'S REACTION, SMILING.
(Hear child's laughter)

CLOSE-UP OF MOM'S REACTION LOOKING AT GIRL, THANKING HER.
(The thank you is mouthed but
no sound)

TRACKING SHOT FROM BEHIND STROLLER MOM AS DAWN PASSES BY.

CLOSE-UP OF DOG WALKING, TRACKING SHOT.

CLOSE-UP OF DOG WALKERS FACE LISTENING TO MUSIC.

MID SHOT FROM DOG'S LEVEL- SIDE VIEW- DAWN LEANS DOWN TO PET
DOG.

TRACKING SHOT FOLLOWS DAWN UPWARDS TO SMILE AND GIVE OWNER A
BALLOON.

POV SHOT FROM OWNERS ANGLE WATCHING DAWN WALK AWAY,
SKIPPING.

WIDE ANGLE ESTABLISHING SHOT OF DAWN'S BACK AND PATHWAY.
PEOPLE BEGIN TO SWARM HER FOR THE BALLOONS/HAPPINESS SHE IS
BRINGING.

VAGUE CLOSE-UPS

TRACKING SHOT, GETTING RACHEL RUNNING.

MID SHOT FROM BEHIND, SHOWS BACK OF RACHEL'S HEAD AND PART
OF THE CHAOS HAPPENING.

CLOSE-UP REACTION SHOT OF RACHEL'S FACE.

MID SHOT OF THE BACK OF RACHEL'S HEAD JOGGING TOWARDS
CHAOTIC CIRCLE.

MID SHOT OF DAWN EXCITEDLY HANDING OUT BALLOONS TO DIFFERENT
PEOPLE.

(In this shot we can see chaos
around her and different
people reaching over to grab
balloons)

WIDE ANGLE FROM BEHIND DAWN, WE CAN SEE RACHEL APPROACHING
THROUGH THE CHAOS, GENTLY PUSHING PEOPLE.
(RACHEL'S face is slightly
confused and concerned)

MID SHOT FROM BEHIND RACHEL'S HEAD, AS SHE PUSHES THROUGH
THE CROWD. BY THE TIME SHE REACHES DAWN, THE PEOPLE ARE
ALMOST ALL GONE.

(CONTINUED)

OVER THE SHOULDER (DAWN'S SHOULDER) SHOT SHOWING RACHEL.

RACHEL

"Dawn?... What, what are you doing?"

OVER THE SHOULDER SHOT LOOKING AT DAWN'S REACTION.

DAWN

"Oh! Rachel, hi! Umm... I just thought it would be nice if I handed out balloons.."

(DAWN starts out happy, but through the sentence progresses to embarrassed and unconfident as she is taken off the happiness high, from the integration with her friend)

OVER THE SHOULDER SHOT LOOKING AT RACHEL.

RACHEL

"Balloons?"

MID SHOT OF BOTH GIRLS STANDING IN THE FRAME

DAWN

"Well i'm just trying to do a nice thing."

RACHEL

"A nice thing for others, or for yourself?"

MID SHOT OF DAWN, FRAMING HER SHOULDERS AND FACE. THERE IS SILENCE, DAWN LOOKS DOWN THINKING ABOUT WHAT RACHEL JUST SAID.

CLOSE-UP OF DAWN'S HAND, RACHEL'S HAND REACHES AND GENTLY GRABS IT

RACHEL

"Is this because of allie?..."

RACHEL

"I've been seeing you struggle with this, and I know you think you're helping yourself, but you can't expect to miraculously feel better by doing a good deed. You need to allow yourself to mourn. You can't force your way to happiness because shortcuts don't exist."

BEDROOM FLOOR

WIDE ANGLE PANNING FROM DOORWAY TO OPEN SPACE. DAWN IS SITTING ON THE FLOOR WITH HER HEAD DOWN HOLDING THE BALLOON IN HER HANDS.

CLOSE-UP OF THE BALLOON WITH A SMILEY FACE AND PART OF DAWNS FACE. SHE HOLDS UP A NEEDLE AND POPS THE BALLOON.

SCREEN CUTS TO BLACK.